

Taste 4 Success

Skillnet,



Rejuvenate Upskilling for the Agri Food Sector

June: 6, 7, 13, 14, 27 & 28

September: 5 & 6 with work placement during this month

October: 3 & 4

Venue: University College Cork



FOOD INDUSTRY TRAINING UNIT

taste4successskillnet.ie

Rejuvenate Upskilling for the Agri Food Sector

Course Overview

Many professional women are apprehensive about returning to the workplace after a career break. A loss of confidence, loss of flexibility and worries about relevance of skill-sets are often cited as common reasons for women to postpone or avoid seeking a return to paid employment. This course has been designed to give women the skills to build confidence and learn practical skills and techniques to help their job search and subsequent re-entry to the workplace.

The course will offer a small group learning opportunity for women to explore the mechanics of returning to work alongside some reflective activities to plan for career progression into the future. A key element of this programme will be the opportunity to join the food industry for a short-term work placement in order to gain and current experience in the sector. Our sectoral specificity allows Food Industry Training Unit at UCC to offer a bespoke programme designed for the needs of the agri-food sector.

Who should attend?

This workshop will be open to all female agri-food professionals who have taken a minimum of 12 months career break in the last 5 years. It is particularly appropriate to women who would like to develop their professional "brand" before returning to work or who have identified specific skills gaps they would like to address. Typical participants should have a minimum of a qualification in food or equivalent professional experience. Participants must be available for 15-20 hours per week for 4 weeks during the programme and must be available for work placements which are an integral part of the funding for this programme.

For further information please contact Joanne Fearon on 086 3840587, email J.Fearon@ucc.ie or Breda on 043 6687289 or email training@taste4success.ie

The Course involves 10 classroom days which will be supplemented by some mentored work at home. Typically, participants should expect to devote 15-20 hours per week to learning.

Participants will then enter an individual work placement. This may involve traditional industry job placement or may take the form of industry related project work or research.

Participants will be mentored throughout the process.

